

James Wigg & Queens Crescent Newsletter

Autumn 2017

Meet our clinical pharmacist...

Hello everyone!

My name is Sita and I am the clinical pharmacist working at both the James Wigg and Queens Crescent practice. I started my role in August and currently work across 7 practices within Camden.



I have spent the majority of my career to date in hospital pharmacy and I have been working in general practice for just over a year now.

Having pharmacists working in general practice is a new initiative which may be unfamiliar to some of you. The aim of having pharmacists working in this environment is to help deal with some of the medication and prescription related queries that come through to the practice.

Pharmacists are also able to see patients in clinics for medication reviews and also long term condition reviews. I am a qualified independent prescriber which means I am able to prescribe medications for patients as appropriate.

I am currently seeing patients with high blood pressure to review their medications and in the future I hope to be able to see more patients for various other long term conditions. We shall

also be recruiting two more pharmacists to the team in the near future so watch this space!

FLU SEASON

Influenza is an illness caused by the flu virus. There are different strains of flu virus. Each winter a different strain of the flu virus causes an outbreak which affects many people. This is called seasonal flu. Flu is passed from person to person through droplets created when someone with the infection sneezes or coughs.

Certain people are more likely to develop potentially serious complications of flu, such as bronchitis and pneumonia. These people are advised to have a flu jab each year.

For otherwise healthy people, flu can be very unpleasant but most people will recover from flu within a week or two.

For children between 2-4 years, the nasal spray flu vaccine (Fluenz Tetra) will protect them against flu, but also limit the spread of the infection from them to vulnerable others: eg babies, older people, pregnant women and people with serious long-term illnesses.

Event at James Wigg Practice

Monday 25th September
We had visitors at the practice -

- ◆ Camden Carers
- ◆ Macmillan cancer support
- ◆ Isky Gordon -
Advance care planning

This was a great success and hopefully we will welcome them all back soon

Practice News...

This month we have said some hellos and goodbyes

Asif Dewan, Practice Manager has left for the Camden GP federation

Karen Ling, James Wigg GP of 14 years, has advanced to become a partner in another practice

Fiona Fraser, HR Manager and Dr. Louise Callis are both currently on maternity leave

Welcome to five new GPs

Dr. Mary-Louise Smith
Dr. Claire Agathou
Dr. Francisco Rivas-Garrote
Dr. Sacha Dhanjal
Dr. Francesca Gilbert

Welcome back

Dr. Rajni Shah, who is returning from maternity leave

Welcome

Siobhan Moriarty, Associate Practice Manager

Doctors Assistants: Sesiwa Neizer
Rachael Williams
Rebecca Haswell

Congratulations

Congratulations to **Lyann Gross** for being shortlisted for the - 'Pulse' General

Practitioner Of The Year Award – at this year's national GP awards. This is in recognition of her work with the London Ambulance Service

Have a voice in the practice...

The next Patient Participation Group meeting will be on Thursday 16th November at 2pm.

Walk-In Flu Clinic

Until 27th October

Monday 07.30am — 12.30pm
Tuesday 4.30pm — 8pm
Friday 07.30 — 12.30

Are you eligible?

Over 65
Asthmatic
Diabetic
Pregnant
COPD
Immunosuppressed
Heart failure
CKD

Eligible under 18s please book an appointment with a nurse. Booked appointments available for all eligible patients